



PROFESSIONAL HEALTH
CONSULTING SERVICES, INC.

BASIC FETAL MONITORING

This class is designed for the nurse who is new to labor and delivery. Basic concepts to pattern recognition, interpretation, and interventions will be covered.

The following topics will be covered in the class:

- Physiological influences on the fetal heart rate
- Techniques for fetal heart rate and uterine activity assessment
- Fetal heart rate pattern interpretation using NICHD terminology
- Physiologic interventions for fetal heart rate patterns
- Medico-legal aspects of fetal monitoring
- Documentation guidelines

Class Objectives:

- Describe the purpose of fetal heart rate monitoring
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- Describe the maternal fetal circulation
- List fetal factors that regulate the FHR
- Describe various monitoring techniques and their advantages and limitations
- Recognize normal FHR patterns
- Recognize abnormal FHR patterns
- List appropriate nursing interventions
- List important medical legal issues regarding FHR monitoring

Continuing Education Units:

Those who attend and participate will receive 7 continuing education units that will be provided by the hosting hospital or by Professional Health Consulting Services, Inc.